

"with God all things are possible." — Matthew 19:26

METRO
LUTHERAN
MINISTRY

Bringing Hope To Metro Kansas City ...with your help, MLM is making a difference

METRO LUTHERAN MINISTRY ANNUAL REPORT



Volunteers and donors helped MLM serve thousands of homeless and needy over the past year. Volunteers (top right) made home repairs and (bottom right) distributed food with the help of Nick Cannon, actor and TV personality. Families helped by MLM (photos at left) often need just a boost to get on their feet.

Each year, Metro Lutheran Ministry helps tens of thousands of homeless and needy people in the Kansas City region.

Founded more than 40 years ago by area Lutheran congregations, MLM today is one of Kansas City's most effective service agencies. With innovative and far-reaching programs, MLM ministers to the poor, the elderly and disabled throughout the metropolitan area. Stressing practical programs designed to increase self-sufficiency, MLM collaborates with other organizations and utilizes a small army of volunteers to make the most of its resources. Each day,

MLM assists the most needy of our community to maintain independence and begin new lives.

A 501(c)(3) nonprofit social service agency, MLM serves people of all races, religions and nationalities in the urban areas of Jackson, Clay and Platte counties in Missouri, Wyandotte and Johnson counties in Kansas.

MLM uses a comprehensive approach to guide clients toward greater independence and self-reliance. With more than 90 percent of its funding directed to programs and a powerful volunteer force, MLM's outstanding efforts have truly made life better—one life at a time.

*Fiscal Year Ending
June 30, 2010*

Metro Lutheran Ministry: With vision, purpose and compassion since 1971.
MLM affirms the right of all people to food, clothing and shelter, while promoting self-sufficiency and hope through direct client services and advocacy.

Metro Lutheran Ministry: Making Life Better...One Life at a Time

Community Care

Community Care Centers

Metro Lutheran Ministry's three Community Care Centers provide services in Jackson, Clay, Platte and Wyandotte counties of Greater Kansas City.

Each center offers unique food pantry, emergency rent and utility assistance for families facing eviction or utility shut-offs. The staff and volunteers help families and individuals by providing direct services, as well as connecting them to numerous other community resources that best suit their specific needs.

MLM assists low-income families and individuals, many of who are at risk of homelessness. Respectfully, we assist them in meeting the challenges of day-to-day living, resolving immediate crisis and helping to prevent future crises. MLM empowers our clients to regain control of their situations through life-skill and employment training.

MLM is also a prime advocate for clients in the community, cultivating additional resources and serving as their "voice" within the social and political systems they encounter.

In 2009-2010, MLM provided 439,624 meals to feed 35,447 hungry people and over 90 fans during the summer heat. MLM Community Care Centers assisted 480 families with utility bills totaling \$213,895. We also assisted 522 families with rent/rental deposits and mortgages totaling \$201,068. MLM Community Care Centers referred more than 3,275 people to community resources, job training, medical services and life-skills training.

Volunteers contributed more than 23,000

hours to the Community Care Centers, equivalent to more than 11 full-time staff. The MLM Christmas Store served more than 1,188 households with Christmas gifts and gift cards for food.

Highlights of 2009-2010 Community Care Centers

- Staff responded to approximately 109,200 calls for emergency assistance.
 - 1,188 families from Kansas and Missouri, consisting of 4,126 people, received food vouchers and more than 10,000 gift items through MLM's Christmas Store.
 - 1,029 children received new backpacks filled with school supplies.
 - Every week, MLM hosted a Saturday hot breakfast which during the year fed more than 1,523 guests.
 - MLM provided 459 individuals replacement identification cards and birth certificates to help them begin handling important business, to safeguard themselves and their families.
 - 560 children received new backpacks filled with school supplies.
 - 225 children received weekly backpacks filled with nutritious foods.
- ### Community Care Centers Program Outcomes
- 109,200 requests for emergency assistance.
 - In 2009-2010, 37 percent of all persons served at MLM's CCC were first-time clients.
 - 439,624 meals were provided to 35,447 individuals.
 - 480 families were assisted with utility bills totaling \$213,895.
 - 522 families were assisted with housing



A back-to-school event at MLM's Wyandotte location brought out lots of smiles—and helped young people get a good start for the year.

(rent, rental deposits and mortgages) totaling \$201,068.

- 1,029 children received school supplies totaling \$21,544.



The idea of "serving the community" is often very literal at MLM with the increasing success of programs such as the breakfast ministry.

Community Care Older Adult Services

The Older Adult Services program assists senior citizens and people with disabilities.

• From July of 2009 to June of 2010, the program provided food assistance for 4,075 households through the food pantry and other food services.

• Through the food pantry, 146 households received necessary household or personal items. Financial assistance paid utility bills for 101 households and provided housing assistance for 88 households, allowing many seniors to continue living independently.

• Homebound seniors were connected with Senior Companions for regular home visits and companionship to break their social iso-

lation, and telephone reassurance visitors called to "check-in" on seniors who were isolated.

• One hundred and nine Christmas baskets with gifts cards were delivered to homebound

seniors.

• MLM was able to provide minor home repair for 90 senior and disabled individuals, making their homes safe and allowing them to live independently with dignity.

Grace Homes

Since Grace Homes opened its doors in 2008, MLM has consistently housed nine tenants, who were chronically homeless and mentally ill.

The project continues to be funded by a HUD grant, offering permanent and supportive housing, equipped with apartments that

are furnished and include utilities.

MLM partners with Wyandot Mental Health Center to identify the tenants and to provide each with case management services. Our residential counselor also provides life-skills training and various activities supporting independence.

Project CARE

For more than 40 years, MLM has been assisting Kansas City's poor to help them escape homelessness.

One of the most effective initiatives is the 10-year-old Project CARE program. Through Project CARE, MLM collaborates with local shelters in assisting clients with employment and housing. Project CARE, a HUD funded program, receives the support of many area churches, organizations and individuals who donate furniture, clothing, household items, prepare sack lunches and assist in paying rent and deposits.

The faces of the homeless are varied and include young people, senior citizens, those with physical and mental disabilities and those trying to escape from an addiction. More recently, the new homeless, who have lost employment due to the recession, have joined them.

The unemployed living in Kansas City's homeless shelters or on Kansas City's streets visit the education center five days a week. Clients lacking transportation are able to receive bus passes to look for work.

In the fiscal year July 1, 2009 to June 30, 2010, 223 clients were provided 1,233 job

leads through the Education Center. Some 254 clients were assisted 823 times with bus pass transportation to search for employment.

Other employment services are resume development, online job searches and applications, job coaching and use of the fax, phone and copier. The Education Center staff facilitates life-skill classes. These classes are informal groups to help clients with budgeting, landlord tenant relations, how to get and maintain employment in tough economic times, how to get and maintain housing and achieving goals. These classes give clients the opportunity to share and interact with staff and other clients.

Project CARE staff facilitated classes for 1,214 life skill students. Clients are also provided nutritional sack lunches after class. A total of 1,133 sack lunches were distributed between July 2009 and June 2010.

Case managers for Project CARE assist the homeless in seeking permanent, affordable housing. Case managers frequently transport clients as they begin their housing search. Clients are encouraged to develop budgets that will allow them to maintain an affordable lifestyle. Case managers advocate to land-

lords on the clients' behalf.

When housing is arranged, an inspection of the apartment is completed to ensure clients are receiving safe and affordable housing. Clients are then given assistance with deposit or rent. Groceries, furniture and household items are supportive services that are accessible to those who are successful in obtaining housing.

Clients who move into housing continue to receive follow-up services for a few months to ensure stability. They receive resources that they can use in their new community and are encouraged to get in the habit of paying rent and utilities first. They also learn to look for ways to increase their income from sources such as extra employment or food stamps.

From July 2009 to June 2010, 152 clients were assisted with HUD dollars for rent and deposits in the amount of \$62,486. One hundred and forty-three clients received household or personal items in the amount of \$7,159.00. Ninety-one clients received furniture totaling an amount of \$9,890. One hundred and twenty-one clients received food pantry services totaling an amount of \$6,973.

Volunteer Services

During the past year, Metro Lutheran Ministry received a significant increase in its already sizable level of volunteer assistance.

A wide range of groups and individuals assisted MLM in the monthly food distribution program, the weekly Breakfast Ministry, minor home repair projects for low-income elderly and disabled persons, holiday basket packing, stocking the food pantry services and various other volunteer events. These volunteers not only helped MLM to serve many more families who are needy than we would be able to do without them, but their involvement also allowed our church constituents to serve others in the name of Jesus.

MLM "Food Giveaways" are held the second Saturday of every month. Harvesters Food Bank provided the food (mostly fresh produce). Many families arrived early in the morning to receive the food and went out of their way to express their appreciation. On average, 50-60 volunteers from Lutheran and non-Lutheran churches across the Kansas City area serve between 175-200 families every month during the Food Giveaways.

In February 2010, MLM started a new initiative, the MLM Breakfast Ministry. MLM became aware that there were no meals provided in the midtown area to low-income or homeless people during the weekends. So every Saturday, MLM welcomed more than 100 hungry people, which increased to 200 on "Food Giveaway" Saturdays. MLM collaborates with True Light Nazarene, which is only one block from the Holmes Street center, to host the events. MLM could not feed these individuals without the invaluable help of another 8-12 volunteers who arrive early on Saturday mornings to set up the breakfast for our guests.

MLM Youth Servant Events and Congregational Servant Events bring youth and adult groups together to work on minor home repair projects for low-income elderly individuals. Twenty teams participated in the Congregational Servant Event, and another 12 teams participated in the Youth Servant Event.

MLM "Packing Parties" involve volunteers in preparing food baskets for needy families

and individuals. MLM hosted two holiday basket-packing parties, one for Thanksgiving and one for Christmas. From 70-100 volunteers packed food for 200 to 300 families at each event.

Beyond all of these events, MLM hosted 12 service events during 2009-2010. These events ranged from one-day service events with the youth from one of the Kansas City Lutheran churches, to a full week of service from an out-of-town group specifically coming to Kansas City to serve with MLM. Volunteers painted MLM offices, stocked food pantries, built ramps for MLM's clients with disabilities and many other tasks.

MLM is also blessed with one full-time VISTA volunteer who helps MLM increase its capacity to serve those in need. MLM also has many people volunteering regularly in all three food pantries and several volunteers who help MLM with planning events and other administrative tasks. Everyone at MLM is truly appreciative of all the help we receive from all of MLM's volunteers!

Metropolitan Lutheran Ministry and MLM Foundation
Consolidated Statement of Activities and Changes in Net Assets Year Ended June 30, 2010

	Unrestricted	Temporarily Restricted	Total
REVENUES, GAINS AND OTHER SUPPORT:			
Contributions and grants:			
Foundations	\$105,027	\$233,606	\$338,633
Individuals	231,595	62,910	294,505
Member congregations	111,917	24,949	136,866
Other congregations	3,719	28,117	31,836
United Way	68,502	41,852	110,354
Corporations	15,266	6,531	21,797
Other organizations	10,533	24,910	35,443
Special events	21,493		21,493
In-kind contributions	1,406,601		1,406,601
Special event revenue	20,240		20,240
Government grants and contracts	585,334		585,334
Program fees	48,642		48,642
Change in interest in Thrift Store		13,105	13,105
Investment income, net and other	29,742		29,742
Net assets released from restrictions	<u>443,138</u>	<u>(443,138)</u>	
Total revenues, gains and other support	3,101,749	(7,158)	3,094,591
EXPENSES:			
Program services:			
Emergency assistance	1,928,384		1,928,384
Community care centers	197,286		197,286
Homeless services	211,318		211,318
Grace Homes	141,507		141,507
Minor home repair	29,585		29,585
Older adult services	40,068		40,068
Christmas store	34,129		34,129
Total program services	2,582,277		2,582,277
Supporting services:			
Administration	272,854		272,854
Fundraising	172,591		172,591
Direct benefit to donors	25,206		25,206
Total supporting services	470,651		470,651
Total expenses	<u>3,052,928</u>		<u>3,052,928</u>
CHANGE IN NET ASSETS	48,821	(7,158)	41,663
NET ASSETS, BEGINNING OF YEAR	676,813	229,740	906,553
NET ASSETS, END OF YEAR	<u>\$725,634</u>	<u>\$222,582</u>	<u>\$948,216</u>

Board of Directors

Scott Strohm, President, Shawnee, KS

John Nycklemoe, Vice President,
Olathe, KS

Christy Schliesman, Secretary,
Kansas City, MO

Jim Dalbec, Treasurer, Olathe, KS

Karen Bame, Kansas City, MO

Sharon Bass, Kansas City, MO

Flora Buford, Lee's Summit, MO

Hank Guggenmos, Liberty, MO

Jon Guilford, Shawnee, KS

Jon Kuddes, Leawood, KS

Laura Pace, Fairway, KS

Floyd Peck, Olathe, KS

Arlyn Sprecher, Overland Park, KS

Tim Ternes, Overland Park, KS

Shirley Weglarz, Kansas City, MO

Vicki Westerhaus, Overland Park, KS

Metro Lutheran Ministry:
816-931-0027, www.mlmkc.org
Jim Glynn, Executive Director
jimglynn@mlmkc.org

Metropolitan Lutheran Ministry and MLM Foundation
Consolidated Statement of Functional Expenses Year Ended June 30, 2010

	Emergency Assistance	Community Care Centers	Homeless Services	Grace Homes	Minor Home Repair	Older Adult Services	Christmas Store	Program Total	Administration	Fundraising	Total
Salaries and wages		\$103,771	\$139,699	\$40,150	\$1,061	\$26,395		\$311,076	\$126,250	\$59,054	\$496,380
Employee benefits		21,569	26,972	8,361	743	5,802		63,447	30,470	2,542	96,459
Payroll taxes		8,627	12,902	3,093	98	2,362		27,082	11,023	5,182	43,287
Assistance to individuals	\$1,928,384	6,215	283	64,398	26,628	5	\$31,163	2,057,076	26	11	2,057,113
Telephone		6,603	1,262	2,325	10	243		10,443	7,571	657	18,671
Postage and shipping		1,097	658	171	5	377	649	2,957	1,773	5,939	10,669
Supplies		3,487	1,227	1,757	6	212	97	6,786	5,047	2,368	14,201
Professional fees				2,828				2,828	19,122		21,950
Contracted services		17,407	5,769	3,525	23	586	700	28,010	6,176	47,690	81,876
Equipment rental and maintenance		155	139	39	1	27		361	13,441	3,407	17,209
Insurance		4,220	5,909	1,672	45	1,139		12,985	9,715	2,499	25,199
Printing and publications		835	254	108		15		1,212	1,777	23,255	26,244
Occupancy		14,251	4,541	8,727	414	842		28,775	15,775	1,848	46,398
Depreciation and amortization		6,898	9,660	2,734	73	1,861		21,226	9,299	4,086	34,611
Travel		1,006	1,664	1,187	464	133	30	4,484	4,774	1,310	10,568
Special events							1,324	1,324		10,098	11,422
Other expenses		1,145	379	432	14	69	166	2,205	10,615	2,645	15,465
TOTAL FUNCTIONAL EXPENSES	\$1,928,384	\$197,286	\$211,318	\$141,507	\$29,585	\$40,068	\$34,129	\$2,582,277	\$272,854	\$172,591	3,027,722
Direct benefit to donors											25,206
TOTAL EXPENSES											\$3,052,928